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Kaumatua Keeping Well at Owae Marae



Owae Marae came alive with waiata, dancing, weaving and music at a Wellbeing Day designed to encourage kaumatua to find out more about falls prevention and keeping well in later life. Kaumatua groups came from as far as Puniho, Parihaka, Opunake and Patea to enjoy a day of fun, wellbeing-related activities.

The event, organised by New Plymouth Injury Safe and Mahia Mai A Whai Tara, provided an opportunity for kaumatua to have a health check, flu vaccination and mirimiri as well as the chance to try out Tai Chi and other exercise activities that are offered locally.

The Wellbeing event was one of a series of similar events held locally to raise awareness of the ways in which good health and wellbeing can help prevent falls.



Registrations Open for Trades Challenge



Registrations are now being taken for the 2010 Annual Trades Apprentice Safety Challenge taking place at Taranaki HSE Centre on 12th May. If your organisation would like to enter a team (of up to 4 trainees/apprentices) please give Bruce Duggan a call on

0274 869 014 or email Bruce.Duggan@bcito.org.nz. This is a unique, hands-on training opportunity - make sure you don't miss out! Your team needs to be in to win!

Wake Up Call for Drivers in Kakaramea...



Students from Kakaramea School were among those who took to the streets on 18th April to raise awareness of the dangers of driver fatigue. The fatigue stop, organised by Roadsafes Taranaki, was supported by South Taranaki police, ACC, the regional Road Safety Coordinator and community volunteers. Drivers passing through Kakaramea were stopped and surveyed on their knowledge and attitudes towards fatigue. Every driver was provided with a fatigue information pack, a map identifying regional road hazards and a voucher for a free



tea or coffee at a local cafe. Of those surveyed, 31% said that they considered it acceptable to drive for over 3 hours without a break suggesting that there is still more work to do in order to get the fatigue message across to drivers.

To Spin or not to Spin? It's Their Call!



The challenge to find New Plymouth's own version of the 'Grim Reaper' who spins the wheel of misfortune on the NZTA intersections TV campaign began last week after a high profile campaign by the Midweek newspaper.



The individuals pictured above were among those who stepped forward and offered to sit alongside the wheel (pictured left) at local intersections during a 2 week campaign in May.

A final decision on who will fill the role of our local Grim Reaper will be made soon and will appear in the Midweek ... so keep an eye on the paper (and our intersections)!

Further information about NPiS: Channa Perry (Programme Manager) (06) 753 7777 x8792 npis@tdhb.org.nz * Kath Forde (ACC) 759 0730 kath.forde@acc.co.nz * Matiu Julian (Tui Ora Ltd.) 759 4064 matiu.julian@tuiora.co.nz * John Nicholls (NZ Fire Service) john.nicholls@fire.org.nz * Craig Campbell-Smart (NPDC) 759 6060 campbell-smartcraig@npdc.govt.nz * Inspector Blair Telford (New Plymouth Police) 759 5500 blair.telford@police.govt.nz * Brenda Archer (Taranaki DHB) 753 7799 brenda.archer@tdhb.org.nz * Brett Murray (Dept of Labour) 759 9401 brett.murray@dol.govt.nz * Cllr Andrew Judd (NPDC) 759 6060 andrew.judd@npdc.govt.nz * Deb Parry (Kidsafe Taranaki Trust) d.parry@witt.ac.nz * Andrew Brock (Peak Health Taranaki / Taranaki PHO representative) 769 5491 andrew@peakhealth.org.nz