



May 2009 Issue 42

May has been another incredibly busy month with a number of exciting activities taking place across Taranaki. This month's photo banner (above) shows a selection of pictures taken during our recent Taranaki Schools Skills Bus Tour and our inaugural Trades Apprentices Safety Challenge. Both events made excellent use of the Taranaki HSE Centre proving that this wonderful facility is more versatile than just a simple training centre. Students and apprentices were provided with the opportunity to test out their safety skills and knowledge. Both events provided an excellent opportunity to strengthen our growing links with local employers and industries.



### STOS and Clelands battle it out for top spot at Trades Apprentice Challenge

Taranaki's first ever Trades Apprentice Safety Challenge was a huge success with some great teamwork and true competitive spirit! Trades apprentices from 8 local construction, engineering and oil & gas companies took up the challenge and participated in a day of practical safety activities designed to test their safety skills and knowledge. STOS won the trophy...but only just!

Challenges included loading and unloading a truck, hoisting an eye beam up scaffolding (pictured above), selecting appropriate PPE for a chemical spraying task and identifying electrical hazards within the home. To take the apprentices out of their 'comfort zone' we threw in some first aid, food safety and road safety challenges along with a tough fitness test!

Feedback has been excellent with apprentices noting that the event highlighted just how much knowledge they already have...but how important it is to remember to use it. A DVD of the event has been created - if you would like to see a copy please contact us.

### Safety central to Taranaki Skills Bus Tour

Students from 8 secondary schools across Taranaki got a one day 'taster' of the range of opportunities available in local trades and industry through a Taranaki 'Skills Bus Tour' held earlier this month. The tour, organised through the Mayors' Taskforce for Jobs initiative, set out to raise the profile of local trade and industry opportunities among Year 10 students. The tour included site visits to a number of local companies including Clelands Construction (pictured below), Methanex, Whitakers' Civil Engineering, Fitzroy Engineering, ICL, MCK Metals and Barretts Farm.



The concept of workplace safety was weaved into the tour at every stage. All 80 students started the day at the Taranaki HSE Centre with a safety briefing and practical safety exercise. Throughout the day students received appropriate safety briefings at the various sites, and were provided with a range of PPE such as hard hats, ear plugs, hi-viz jackets and safety goggles.

If you would like to know more, or wish see a copy of our Skills Bus Tour 09 DVD, please get in touch.

**Further information about NPiS:** Channa Perry (Programme Manager) (06) 753 7777 x8792 [npis@tdhb.org.nz](mailto:npis@tdhb.org.nz) \* Kath Forde (ACC) 759 0730 [kath.forde@acc.co.nz](mailto:kath.forde@acc.co.nz) \* Dr Alan Parsons (Kidsafe Taranaki) 753 6139 [alan.parsons@tdhb.org.nz](mailto:alan.parsons@tdhb.org.nz) \* Matiu Julian (Tui Ora Ltd.) 759 4064 [matiu.julian@tuiora.co.nz](mailto:matiu.julian@tuiora.co.nz) \* Craig Campbell-Smart (New Plymouth District Council) 759 6060 [campbell-smartcraig@npdc.govt.nz](mailto:campbell-smartcraig@npdc.govt.nz) \* Cllr Andrew Judd (New Plymouth District Council) 759 6060 [andrew.judd@npdc.govt.nz](mailto:andrew.judd@npdc.govt.nz) \* Brenda Archer (Taranaki District Health Board) 753 7799 [brenda.archer@tdhb.org.nz](mailto:brenda.archer@tdhb.org.nz) \* Brett Murray (Department of Labour) 759 9401 [brett.murray@dol.govt.nz](mailto:brett.murray@dol.govt.nz) \* Inspector Fiona Prestidge (New Plymouth Police) 759 5500 [fiona.prestidge@police.govt.nz](mailto:fiona.prestidge@police.govt.nz)

## Bowling the Way to Better Health...



Despite the predicted rain, the sun shone on an afternoon of bowls, golf croquet (pictured left), Tai Chi, keep fit and other activities put on to encourage older people to try out a

range of physical activities while learning more about what they can do to prevent falls.

About 85 people came along to the event, which was hosted by Vogeltown Bowling Club. A range of service providers were available to provide information and advice, including Taranaki DHB

Physiotherapy (Otago Exercise Programme), Arthritis NZ, Age Concern and Taranaki Disability Centre. Our thanks to the Vogeltown Bowling Club members for being such wonderful hosts and making us all feel so welcome!



## Fighting Back Against Driver Fatigue in Mokau

Roadsafe Taranaki, ACC, Police, St John Ambulance and parents from the local Kindergarten took to the street in Mokau on 26th April to raise awareness of driver fatigue. 777 drivers were stopped and provided with information about fatigue and a drink voucher for the local cafe. A survey carried out on the day showed 22% of drivers think it's okay to drive for over 2-3 hours without a break.



## Ladder Safety proves popular at Ladies Night!

A recent Mitre 10 Ladies Night provided an opportunity for ACC to highlight the issue of ladder safety. Visitors were invited to take part in a competition and answer 3 questions relating to ladder safety. All who took part were entered into a prize draw for a new step ladder and step up. Ladies were also provided with tips on safe use of ladders for common DIY tasks in the home.



## IPNANZ Mentoring Training

NPiS Programme Manager, Channa Perry and NPiS Trustee, Kath Forde, were among 10 injury prevention practitioners who took part in a recent 2 day mentoring training course organised by IPNANZ. Following the training, the mentors are linked with a colleague who is at the early stages of their injury prevention career and provide support over a 12 month period. To find out more email [v.norton@ipnanz.org.nz](mailto:v.norton@ipnanz.org.nz)

## Date for your Diary... Tuesday 16 June 2009, 10am - 3pm at TSB Stadium, New Plymouth

### **"YOUNG AT HEART" - Our Annual Older Persons Health & Wellbeing Day**

### **A partnership initiative between NPiS, Positive Ageing Trust and Active in Age.**

Come and join us for a day of fun (and free) activities including Tai Chi, Keep Fit to Music, Indoor Bowls, Marching, Line Dancing, Health Checks, Massage, Cookery Demonstration, Guest Speakers, Live Debate and a tea pot that is never empty! Over 30 local service providers on hand with information and advice.

**\*\*\* Free tea & coffee \*\*\* Affordable & tasty lunch provided by North Taranaki Women's Institute \*\*\***

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